

12th Annual
Mitch Maiorana Memorial
Run-Swim-Run



The Event: Participants run on the beach for 2000 meters before entering the water. Participants then swim 1000 meters, exit the water and run an additional 2000 meters.

When: Saturday, July 24, 2010 6:00 pm (Rain Date - July 25)

Where: 7th Street on the beach, Ocean City, Maryland

Awards: Top two male and female in ten-year age groups and top two male and female overall. T-shirts will be provided to the first 50 registered.

Registration: \$10 until July 17, 2010; \$15 after. Race-day registration begins at the starting line at 5:30pm.

Further Information: (410) 289-7556, oclifeguard411@yahoo.com

Registration Form/Liability Waiver

Name _____ Age (on event date) _____

Address _____

Phone _____ Email _____

I acknowledge that participating in this event is potentially dangerous, and that I should not participate unless I am medically capable and physically qualified. In submission of this entry, I assume complete responsibility for any injury or accident which may occur related to the event. I understand that I am financially responsible for any medical costs that might occur in relation to this event. I, for myself and my heirs and executors, hereby waive, release and forever discharge the event organizers, sponsors, promoters, the Ocean City Beach Patrol, the United States Lifesaving Association, the Ocean City Beach Patrol Chapter of the United States Lifesaving Association and their agents, representatives, successors and assigns, and all other persons associated with the event, for my all liabilities, claims, or damages that I may have against them arising out of or in any way connected with my participation in this event. I understand that this waiver includes any claims, whether caused by negligence, the action or inaction of any of the above parties, or otherwise.

Signature _____

Please mail registration:
(Checks payable to OCBPMDUSLA)

Attn: Ryan Cowder
Ocean City Beach Patrol
PO Box 158
Ocean City, MD 21842

